





AVAILABLE YEAR-ROUND, FIVE-STAR SPORTS BALL OUT CAMPS ARE INTENSIVE, OVERNIGHT TRAINING PROGRAMS DESIGNED FOR PROGRESSING BASKETBALL PLAYERS TO THE NEXT LEVEL IN THEIR DEVELOPMENT.

A TYPICAL DAY AT A BALL OUT CAMP CONSISTS OF OVER 3.5 HOURS OF SKILL DEVELOPMENT TRAINING AND OVER 1 HOUR OF BASKETBALL COMPETITION. PLAYERS CAN EXPECT TO BE ON THE COURT FOR OVER 5 HOURS A DAY. OUR CAMPERS LIVE AND BREATHE BASKETBALL



### **CHOOSING YOUR JUNIOR CAMP EXPERIENCE**

#### **CAMPROOKIE**

FOR PLAYERS EARLY IN THEIR BASKETBALL DEVELOPMENT LOOKING TO HONE THEIR ALL AROUND SKILLSET



#### **CAMPALL STAR**

FOR PLAYERS LOOKING TO DEVELOP THEIR GAME THROUGH PERSONALIZED COACHING AND HIGH LEVEL COMPETITION



#### **CAMPMVP**

FOR PLAYERS DEMANDING
TO ELEVATE THEIR
BASKETBALL GAME TO THE
NEXT LEVEL



	ROOKIE	ALLSTAR	MVP
Multiple Technical Skill Training	$\bigcirc$	$\otimes$	$\bigcirc$
Multiple Game-Situation Training	$\odot$	$\otimes$	$\odot$
Video Analysis Session	$\bigcirc$	$\otimes$	$\bigcirc$
Character Development Classroom Program	$\bigcirc$	$\otimes$	$\bigcirc$
Strength & Conditioning Session	$\bigcirc$	$\bigcirc$	$\bigcirc$
Hotel Accommodation (House Keeping & Laundry)	$\odot$	$\odot$	$\odot$
Three Meals & Drinks Daily	$\bigcirc$	$\bigcirc$	$\bigcirc$
Ball Out Training Gear	$\bigcirc$	$\otimes$	$\bigcirc$
Small Group Elite Training Session (6 People Max)		$\odot$	$\odot$
Athletic Performance Enhancement Clinic		$\odot$	$\odot$
Individual, Elite Training Session (1-to-1)			$\bigcirc$
Personalised Ball Out Training Gear			$\bigcirc$

For more information, Please contact:

Tel: 0755-8628 9331

Email: info@fivestarsports.cn







# FOSHAN GOLF CLUB



		DATE	PRICE	DAILY CAMPER SCHEDULE	
	Session 1	June 24-27	RMB	08:00 - 08:45	Breakfast
				09:15 - 09:45	1st Station
	Session 2	July 13-17		09:45 - 10:10	2nd Station
				10:15 -10:45	3rd Station
	Session 3	July 20-24		11:15 -12:00	Skill Session
	Jessi011 J	301g 20-24		12:00 - 1:00	Lunch
	Session 4	Aug 24-28	¥6499	2:45 - 3:15	4 x 4 Cutthroat
		7.09 Z 1 Z0		3:30 - 4:30	Camp League Games
	Session 5	Oct 2-6		4:30 - 5:30	Camp League Games
	Session 5	OCI 2-6		6:00 - 7:00	Dinner
	Consider (	Dog 21 25		7:30 - 8:30	Camp Loggue Camps
	Session 6	Dec 21-25		8:30 - 9:30	Camp League Games

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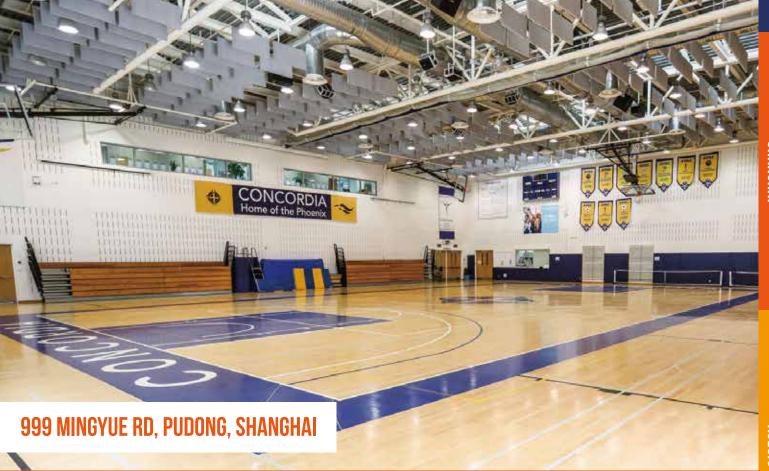
Email: info@fivestarsports.cn







## SHANGHAI CONCORDIA INTERNATIONAL SCHOOL



		DATE	PRICE	DAILY CAMPER SCHEDULE	
	Session 1	TBD	RMB ¥6499	08:00 - 08:45	Breakfast
				09:15 - 09:45	1st Station
	Session 2	TBD		09:45 - 10:10	2nd Station
				10:15 -10:45	3rd Station
	Session 3	TBD		11:15 -12:00	Skill Session
				12:00 - 1:00	Lunch
	Session 4	TBD		2:45 - 3:15	4 x 4 Cutthroat
				3:30 - 4:30	Camp League Games
	Session 5	TBD		4:30 - 5:30	
	36331011 3	IBU		6:00 - 7:00	Dinner
	Session 6	TBD		7:30 - 8:30	Camp League Games
	Session 6	TBD		8:30 - 9:30	

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